Paradade SUNDAY, JULY 2, 2017 | PARADE.COM

All-American

SAVING GORILLAS WITH JACK HANNA & THE COLUMBUS ZOO

Plus

RED, WHITE & BLUE SHAVE ICE

CELEBRATING BASEBALL AND COUNTRY WITH WORLD SERIES MVP BEN ZOBRIST Broadway will shine all the brighter this

Broadway will shine all the brighter this summer thanks to these stars of movies and TV.



▲ Six Degrees of Separation—Barrymore Theatre; Corey Hawkins, 28 (24: Legacy), Allison Janney, 57 (Mom), and John Benjamin Hickey, 54 (The Good Fight)



◀ 1984—Hudson Theatre; **Olivia Wilde**, 33 (*Vinyl*)

▲ Dear Evan Hansen—Music Box Theatre; Ben Platt, 23 (Billy Lynn's Long Halftime Walk)

► *Hello, Dolly!*—Shubert Theatre; David Hyde Pierce, 58 (*When We Rise*), and Bette Midler, 71



◄ Groundhog Day—August Wilson Theatre; Andy Karl, 43 (Law & Order: Special Victims Unit)

► A Doll's House, Part 2—John Golden Theatre; Laurie Metcalf, 62 (*The Big Bang Theory*), and Chris Cooper, 65 (*Cars 3*)



War Paint—Nederlander Theatre; Christine Ebersole, 64 (Royal Pains), and Patti LuPone, 68 (Penny Dreadful)

Charlie and the Chocolate Factory—Lunt-Fontanne Theatre; Christian Borle, 43 (Gilmore Girls: A Year in the Life)

Parade Personality Walter TOM HOLLAND

The London-born *Lost City of Z* star, 21, was introduced as Peter Parker/Spider-Man in *Captain America: Civil War*. He dons the Spidey suit again to headline his very own film, *Spider-Man: Homecoming*, opening July 7.

How does this *Spider-Man* differ from the previous ones? This is the first *Spider-Man* movie that exists entirely in high school. What makes Peter such a relatable character is that he's going through these ridiculous changes in his life while having to remain normal and at high school.

What's your favorite new Spidey gizmo? I think little "Droney" is the coolest part, because it's fun that he has a relationship with a drone. It's going to be a really funny relationship between superhero and superbot, if you like.

Was filming in the jungle for *The Lost City of Z* harder than wearing the Spider-Man suit? They both come with their difficulties. Filming in the jungle is all-encompassing—there's no escaping Mother Nature; it's relentless. Then filming in the Spider-Man suit is similar because once you're in it, you're in it. You can't go to the bathroom, you can't drink water and it's just one big sweat bucket.

Were you a Spider-Man fan growing up? I was a huge fan. Huge. I had multiple costumes and Spider-Man bedsheets. He's always been my favorite superhero. The fact that I'm playing him now is so bizarre for me.

🔇 What crazy thing did he do in his *Spider-Man* audition? Go to **Parade.com/holland** to find out.

EMAIL YOUR QUESTIONS FOR WALTER SCOTT TO PERSONALITY@PARADE.COM

What ever happened to the actor who played odd brother Dwayne in *Little Miss Sunshine*?

—Mary S., Fremont, Neb.

A: You're thinking of Paul Dano, 33, who was later nominated for a Golden Globe for his portrayal of Beach Boy Brian Wilson in the musical biopic *Love & Mercy*. Dano

is a versatile actor who tends to disappear into his roles (like Pierre in last year's BBC drama *War & Peace*). In his latest project, Netflix's *Okja*, which began streaming June 28, Dano plays an animal rights activist trying to help a young girl and her best friend—a massive, genetically engineered animal she's brought with her from South Korea to New York. It's hard to imagine a family more overexposed than the Kardashian/Jenner clan. Aren't they ready to lay low for a while?

-Carrie F., Baltimore, Md. A: Hardly! Kylie Jenner, the youngest of Kris Jenner's five daughters, will star in the E! docuseries Life of Kylie, premiering July 6. She feels that even though America has watched her grow up on TV since age 9, the new show will shine a different spotlight on yet another angle of her famous family. "This isn't Keeping Up With the Kardashians," says Kylie, 19, the founder and CEO of her own line of makeup, Kylie Cosmetics. "It's like a therapy session."

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The **BEST** Parts



Whether animated, illustrated or live action, we can't get enough of Spider-Man! If you're a devotee of Peter Parker's web-spinning alter ego, visit **Parade.com/ spidey** for the newest video in our series **The Best Parts**.

BOOKS WE LOVE

harrowing story of Apollo 13 (with astronaut Jim Lovell), and now **Jeffrey Kluger** brings us **Apollo 8** (Henry Holt and Co., \$30), about humankind's first flight to the moon. When he's not writing, the science journalist is reading. "Boxes I check on any summer reading list include historical fiction, solid science and any good yarn," he says. "These are my must-reads for 2017."





() The Alice Network by Kate Quinn (William Morrow), **\$17** "Two women one who served in an Allied spy ring during World War I and another searching for a cousin lost in occupied France during World War II meet in the postwar wasteland that was Europe in 1947."

Woolly: The True Story of the Quest to Revive One of History's Most Iconic Extinct Creatures by Ben Mezrich (Atria Books), \$26, available July 4. "Extinction is forever—but only 'til it's



Atria Books), **\$26**, available July 4. "Extinction is forever—but only 'til it's not, as this true account of the quest to bring the woolly mammoth back to life makes clear."

S The People We Hate at the Wedding by Grant Ginder (Flatiron Books), **\$26** "A too-perfect London wedding is just the right beaker in which to mix the volatile elements



of a widowed mom who loves her wine, a half-sister stuck in a suffocating job and a half-brother living with a handsome, possibly faithless boyfriend. Add the catalyst of Eloise—the impossibly beautiful, accomplished bride—and the inevitable combustion results."

Available at bookstores and online



"How do you make a burrito better? You fry it!" So says chef Jon Ashton as he heads to Phoenix to get the scoop on the Southwestern staple known as the chimichanga.
Go to *Parade.com/chimichanga* for the latest tasty installment of *What America Eats* presented by Geico.



KLUGER BY GUILLEM LOPEZ/UPPA/ZUMA; CHIMICHANGA BY ISTOCK PHOTO; SPIDERMAN BY AF ARCHIVE/ALAMY

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How One Zoo Helped Save the Mountain Gorilla

Finding work for poachers, teaching children to read—Columbus Zoo's people-first philosophy in Rwanda pays off.

By M.B. Roberts

magine sitting in a clearing in Africa and having a group of endangered mountain gorillas saunter over to you. That was Charlene Jendry's experience in Rwanda in 1992. "They were so close I could feel their breath," says Jendry, then a gorilla keeper at Ohio's Columbus Zoo and Aquarium, on her first trip to Karisoke Research Center, established by primatologist Dian Fossey of *Gorillas in the Mist* fame, inside Volcanoes National Park.

For someone who cared for zoo gorillas but had never seen them in the wild, this was the manifestation of a dream—especially since the numbers of the endangered species had dwindled to around 250.

One night the dream took a terrifying turn. Park patrolmen brought a critically wounded poacher to the camp for emergency treatment. Jendry and her campmates, none of whom were medical doctors, scrambled to provide first aid for someone who was shot while illegally hunting the very gorillas they were trying to save.

"I looked into his eyes," she says. "He was thin. His clothes weren't fancy. I thought, He's not the enemy. He's just a man trying to feed his family. There's got to be a way to help this man and help the gorillas."

PEOPLE FIRST

Back in Ohio, Jendry told her boss, Jack Hanna, then the zoo's director, about her concerns. At the time, Hanna was becoming well-known for his appearances with wild animals on TV shows such as *Good Morning America* and *Late Show With David Letterman*, and later became famous for his own programs, including *Into the Wild* and *Wild Countdown*.

"Charlene asked if the zoo could help," says Hanna. "I said, Partners in Conservation (PIC), the Columbus Zoo and Aquarium's signature conservation program, was born. Its goal: to connect partners in the U.S. (school kids, donors, volunteers, zookeepers) with partners in Rwanda and the Democratic Republic of the Congo (veterinarians, park rangers, teachers, government officials) to destroy the cycle of poverty that threatens animal habitats.

'Yes. Let's just do something.''

25 YEARS OF HELPING

In the years since its founding, PIC has sent more than \$6 million to Rwanda, founding and backing a long list of projects, in collaboration with local organizations in Africa.

In addition to helping educate Rwandan children, PIC trains and hires trackers, guides and porters and supports 16 artisan cooperatives, providing job alternatives such ism business, the reduction of poverty in Rwanda, as well as the veterinary care provided by Gorilla Doctors have all helped increase gorilla numbers.

Meanwhile, a new generation of animal lovers is supporting PIC with events such as the Rwandan Fête, an annual fundraiser that takes place at the zoo every September. An up-and-coming



Mountain gorillas are making a comeback thanks to Jack Hanna (inset) and Partners in Conservation.

as pottery and candle making to 400 men and women who otherwise might have resorted to poaching. The nonprofit pays the salaries of three veterinarians on the staff of Gorilla Doctors, a conservation organization that treats gorillas in their native habitats. It also provides annual medical exams for trackers, guides and porters who work with the gorillas.

IS IT WORKING?

There are still fewer than a thousand mountain gorillas left on earth (current count: 880), but their population is increasing at about 4 percent per year. The regulated tour-

> Visit **Parade.com/gorillas** for a photo gallery from Jack Hanna's recent trek in Volcanoes National Park and more photos from the Columbus Zoo. Visit **Parade.com/columbuszoo** to donate to Partners in Conservation.

currently studying in the new field of conservation medicine will soon be ready to sign on with Gorilla Doctors. And zoo reps continue to visit U.S. schools to share their philosophy and what PIC does in Rwanda, says Jendry. "The kids come up with their own projects, like raising money to plant a million trees at the buffer zone of the forest." All of the efforts continue to be celebrated by their biggest cheerleader: Jack Hanna.

crop of young veterinarians

"This zoo hasn't just saved a species of animal," he says. "They've saved a lot of people's lives."



Ask Marilyn By Marilyn vos Savant

Do all people have the same ability to float in water? My husband says he can't float because his bones are denser than mine. Could this be true? —Megan Piehler, Kirkland, Wash.

The ability to float varies with many factors, some of which are more important than others. People with a higher proportion of fat will float more easily, while those with heavier bones and more muscle mass will sink more readily. And yes, this means that women tend to float better than men.

Send questions to marilyn@parade.com

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JULY 2, 2017 | **7**

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BY M.B. ROBERTS • COVER PHOTOGRAPH BY LISA GREEN

World Series MVP Ben Zobrist and his wife, singer Julianna Zobrist, count their many blessings—family, freedom, country and, of course, baseball.

all it Julianna Zobrist's aha moment. Seven years ago, after watching her husband Ben Zobrist's late-night baseball game, she stepped into a stadium elevator while holding her then-infant son, Zion. A woman turned to her and in a baby-talk voice said, "Oh, Mommy! Please get me in bed. Don't be so mean. I really should be in bed."



The Zobrist clan: Blaise, Julianna, Ben, Kruse and Zion chill at Wrigley Field.



New mom Julianna felt gut-punched.

"I had just rocked my baby to sleep in my lap in the stands and had Bud Light thrown over my head," the Christian pop singer says. "I thought, *Maybe she's right—he should be in bed. Maybe he should be sleeping a normal schedule and not be on planes and traveling.*"

She told the story to Ben, who several years later would be named MVP when the Chicago

STEPHEN GREEN

 \overleftrightarrow

Cubs, the team he signed with in 2015, ended a 108vear drought and won the World Series.

"He said, Jules, that's not us. That's not our life,'" Iulianna recalls. "That was the turning point for me. I realized I'm either going to be living in fear of what other people think or I'm going to have to own who I am and who we are as a family."

Two kids later—Zion's sisters Kruse, 5, and Blaise, 1, have since joined the familythe Zobrists are still traveling, watching Dad play, watching Mom sing, staying up late, praying together and doing things precisely their way.

SIX-DAY RULE

It goes back to 2004. Ben, who was playing for the Wisconsin Woodchucks of the summer collegiate Northwoods League (he was voted MVP and led his team to the 2003 league championship), got drafted by the Houston Astros. He was soon traded to the Tampa Bay Rays, and his major league career was underway.

"We decided that if we were going to do this baseball thing, we were going to do it together," Julianna says. "Neither of us was naïve; we knew the divorce rate in baseball is 84 percent. So we implemented a six-day rule, where we try to never be apart for more than six days."

Except for extreme cir-

cumstances-such as when Julianna was far along in her pregnancies-they've met their goal.

"She wants to be with me,

the kids want to be with Dad and I want to be with all of them," says Ben, 36. "So we do it. But it's not always easy."

Julianna, who is the one tasked with the almost daily packing up and shuttling of the kids, agrees. But then she gives a breezy shrug. "It's all about planning," the 32-year-old says.

Prior to every baseball season, which runs from spring training

in February to early November if the team makes it to the World Series, the Zobrists sit down and create a schedule around Ben's games. Julianna has purposefully taken it slow with her career as a Christian artist to accommodate her young family and their travel schedule. But, whenever possible, she still books recording sessions, interviews, speeches to women's groups

INSTAGRAM FAM

@juliannazobrist shares pics from the road.



and performances, usually in the city where the Cubs are playing. She even performs at Cubs games, where she's honed her renditions of "The Star-Spangled Banner" and "God Bless America." And when Ben walks up to bat, it's Julianna's music vou hear

> her cover of "Bennie and the Jets," recorded with Elton John's blessing).

During the season, the older kids are homeschooled by a tutor at home in Chicago and on the road. During the offseason, they attend school in Frank-

lin, Tenn., where the Zobrists have a second home.

Staying together means the family is always in motion. "I travel constantly, but

I'm still trying to get used to it," says Ben. "But the kids see our life as an adventure, which they get from their mom. She always treats it as an adventure, and they've caught it from her. They adapt so well to all these

scenarios we put them in, and it's benefited our whole family."

(most recently



Visit Parade.com/iulianna for 20 of her most fun Instagram posts.

WHEN JULIANNA MET BEN

 $\overset{\frown}{\Im}$

Julianna, the daughter of a pastor, was a junior in high school in Iowa City, Iowa, when she met Ben Zobrist, the son of a pastor from Eureka, Ill., through her brother-in-law Dan Heefner, who played baseball with Ben at Olivet Nazarene University in Bourbonnais, Ill.

"There were no sparks the first time," she says, laughing.

But their paths kept crossing, first in Daytona Beach, Fla., where Julianna's parents had taken her for spring break and Ben was playing in a baseball tournament. Soon after, Ben transferred to Dallas Baptist University and ended up playing baseball with Julianna's brother Jeff, who became his roommate and talked up his sister. ("You'll love her. She's smart and funny. She just dresses weird.")

Then, during her sophomore year at Belmont University in Nashville, Julianna heard from Ben on a particularly bad day.

"I threw out my back in dance class and broke up with this guy I was hanging out with," she says. "That same day, Ben emailed me to ask how I was. He was always interested in my life and my heart."

That day, Julianna started praying about him.

"I prayed that God would either put this guy in my life



'Ben is the most steady individual you'll ever come across. Nothing fazes him. He's so very grounded. I'm the sprouting wildflower. He's the consistent soil.'

—Julianna



Visit **Parade.com/music** to hear the latest single from Julianna Zobrist's album Shatterproof.

or shut that door," she says.

Two weeks later Ben showed up at Belmont with Julianna's brother to surprise her for her birthday. Ben and Julianna started dating immediately, and she says if he had asked her to marry him that night she would have said yes.

"He seemed so serious," says Julianna. "I knew that if I fell in love with him that it would be the real thing."

Ben and Julianna were married in 2005 and took to the road as Ben, a utility player (he mostly plays second base but has also played third base, shortstop, first base, designated hitter and outfield), played for the Tampa Bay Rays, the Oakland A's, the Kansas City Royals and now the Chicago Cubs.

Those Cubs fans, Julianna says, are hands down the most passionate of any team in any sport, especially after the team became world champs last year—thanks in large part to her husband, who drove in the first of two go-ahead runs in the top of the 10th inning during their thrilling Game 7 victory over the Cleveland Indians.

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"There is so much emotion with Cubs fans," she says. "It's generational. When we won, it was as if all these memories and family stories were relit in one night."

"People are so grateful," says Ben, nicknamed "Zorilla" by fans. "Strangers come up and hug me on the street. Then they ask if we're going to win again this year."

AMERICAN DREAM

By anyone's barometer, the Zobrists are living the American dream. But it's a dream they both say they never had.

"I honestly dreamt of lesser things," says Ben, who was on track to become a youth pastor when his baseball career began to heat up. "I remember thinking, *Man*, *it'd be awesome if I could be a professional baseball player someday*. But I never thought I'd get to the major leagues. I never thought I'd get to the World Series."

Julianna's aspirations were equally humble.

"I grew up hoping I could get a scholarship and study music," she says. "And if music didn't work, I'd study science. I dreamed of things, but I never dreamed this big."

Ben and Julianna both

DYLAN BUELL/GETTY IMAGES



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credit their faith and their country for all their blessings.

"America is the land of opportunity," says Ben. "It's a land of freedom. We get to do things here that in most places



'Neither of us was naïve; we knew the divorce rate in baseball is 84 percent. So we implemented a six-day rule, where we try to never be apart for more than six days.' —Julianna



no one gets a chance to do."

"Being an American family, we get the benefit of that freedom," says Julianna. "To be able to play a game for a job, and for me to be able to make music and write songs-it's mind-blowing."

"We've been given great gifts and opportunities and we want to pass those on, not only to our kids but to other people," says Ben. "That's part of what being an American is all about."

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ADVERTISEMENT SCIATICA BACK PAIN?

If you suffer from burning pains down the back of your leg, or pain in your lower back or buttocks, you are not alone. Millions of people are suffering unnecessarily because they are not aware of this proven treatment.

MagniLife[®] Leg & Back Pain Relief combines four active ingredients, such as Colocynthis to relieve burning pains and tingling sensations. Although this product is not intended to treat or cure sciatica, it can help with the painful symptoms. "I am absolutely amazed at how it works and how fast it works." - T Martin. Tablets dissolve under the tongue. "Those little tablets are like relief in a snap." - Patsy, CO.

MagniLife[®] Leg & Back Pain Relief is sold at Walgreens, CVS/ pharmacy, Rite Aid, Albertsons and Walmart. Order risk free for \$19.99 (\$5.95 S&H) for 125 tablets. Get a FREE bottle when you order two for \$39.98 (\$9.95 S&H). Send payment to: MagniLife S-P13, PO Box 6789, McKinney, TX 75071 or call 1-800-515-1815. Money back guarantee. Order now at www.LegBackPain.com

FIBROMYALGIA PAIN?

Are you one of 16 million people suffering from deep muscle pain and tenderness, joint stiffness, difficulty sleeping, or the feeling of little or no energy? You should know relief is available.

MagniLife[®] Pain & Fatigue Relief combines 11 active ingredients to relieve deep muscle pain and soreness, arthritis pain, aching joints, and back and neck pain. Although this product is not intended to treat fibromyalgia, it can help with the painful symptoms and fatigue. "*These tablets have just* been WONDERFUL. I'd recommend them to anyone and everyone!" - Debra, WV.

MagniLife[®] Pain & Fatigue Relief is sold at CVS/pharmacy and Rite Aid Pharmacy. Order risk free for \$19.99 (\$5.95 S&H) for 125 tablets per bottle. Get a FREE bottle when you order two for \$39.98 (\$9.95 S&H). Send payment to: MagniLife F-P13, PO Box 6789, McKinney, TX 75071 or call 1-800-515-1815. Satisfaction guaranteed. Order now at www.PainFatigue.com

LEG CRAMPS AT NIGHT?

If you experience painful muscle cramps in your legs, back, feet, or hips, you should know relief is available. Over 100 million people suffer from aggravating muscle cramps, which may interfere with sleep, because they are not aware of this proven treatment.

MagniLife[®] Muscle Cramp Pain Reliever contains eight active ingredients, such as Magnesia Phosphorica to help prevent and relieve cramps and radiating pains that are worse at night. "Your product has severely helped me and I thank you so very much." - Marie L., MT.

MagniLife[®] Muscle Cramp Pain Reliever is **available at Rite Aid Pharmacy and CVS/pharmacy**. You can order risk free for \$19.99 (\$5.95 S&H) for 125 tablets per bottle. **Get a FREE bottle** when you order two for \$39.98 (\$9.95 S&H). Send payment to: MagniLife L-P13, PO Box 6789, McKinney, TX 75071, or call **1-800-515-1815**. Complete satisfaction guaranteed. Order now at **www.LegCrampsRelief.com**



here's nothing more Hawaiian than shave ice, the chilly treat that's shaved from blocks of ice and flavored with sweet syrups. We've updated it for the Fourth of July with patriotic toppings made with fresh berries and sweetened coconut milk. Hawaiian shave ice is fluffier than snow cones (made with crushed ice). We made ours with a blender, but if you're picky about your ice, invest in an inexpensive machine (like the Hawaiian Shaved Ice S700, \$50, hawaiianshavedice.com).

FOURTH OF JULY SHAVE ICE

1. Combine 10 oz thawed frozen **blueberries**, ½ cup **sugar**; ½ cup water and pinch of **salt** in a medium saucepan over medium-high. Mash with a potato masher. Bring to a boil; cook 3 minutes, stirring. Cool slightly. Transfer to a blender; puree until smooth. Strain through a fine-mesh strainer; stir in ¼ cup cold water. (Boost color with natural food coloring, if you like.)

2. Combine 16 oz thawed frozen **strawberries**, ½ cup sugar; ½ cup water and pinch of salt in a medium saucepan over medium-high. Mash with a potato masher. Bring to a boil; cook 2 minutes, stirring. Cool slightly. Transfer to a blender; puree until smooth. Strain through a fine-mesh strainer; stir in ¼ cup cold water. Cool syrups to room temperature. Cover; refrigerate at least 1 hour and up to 2 days.

3. In a small bowl, mix 1 (11.25-oz) can sweetened condensed coconut milk or sweetened condensed milk with $\frac{1}{2}$ cup cold water.

4. Shave 8 cups **ice** by pulsing in a blender (or use a shave ice machine). Scoop into paper cups and drizzle with fruit syrups and milk. **Serves 8**.



Offer for new and qualifying former customers only. Qualification: Advertised price requires credit qualification and eAutoPay. Upfront activation and/or receiver upgrade fees may apply based on credit qualification. Offer ends 10/18/17. 2-year commitment: Early termination fee of \$20/mo. remaining applies if you cancel early. Included in 2-year price guarantee at \$49.99 advertised price. America's Top 120 programming package, local channels. HD service fees, and equipment for 1 TV. Available with 2-year price guarantee for additional cost: Programming package upgrades (\$59.99 for A11204, +, \$59.99 for A1200, \$79.99 for A1200, monthly UPK es for additional receivers (\$5-57 per additional Tv. receivers with additional functionality may be \$10-\$15]. MONTincluded in 2-year price guarantee for additional receivers (\$5-57 per additional receivers (\$5-57 per additional fees. Premium Channels, HD service fees, and equipment for 1 TV. Available with 2-year price guarantee for additional receivers (\$5-57 per additional receivers (\$5-57 per additional fees. Premium Channels, HD service fees, and equipment for 1 TV. Available with 2-year price guarantee for additional receivers (\$5-57 per additional fees. Premium Channels, HT et or Tons, you will be billed \$55,000, for HBO. Channeax, Showtires, Starc, and DISH Movie Pack unless you call to cancel. Other, All packages, programming, features, and functionality and all prices and fees not included in price guarantee are subject to change without notice. After 6 mos., you will be billed \$5.99,000, for DISH Protect unless you call to cancel. HOBO (Starwaw, and related channels and service marks are property of Star Entertainment, LLC. **Dot Promotion** - Requires credit qualification (plus and elite tier) and new DISH advitation with Hopper® of Valper ³⁰. The Ech Dot provided by DISH. Amazon is not a sponsor of this promotion. **Alexa** Integration - frequires integration - free for Vally¹⁰ and Ech C, Ech

