

Parade

SUNDAY, JULY 30, 2017 | PARADE.COM



All-American

BBQ

**New
twists
on an old
tradition**

Personality Parade



WALTER SCOTT ASKS...

MATT BOMER



The actor from TV's *White Collar* and *American Horror Story*, 39, plays Hollywood golden boy Monroe Stahr in Amazon's *The Last Tycoon*, now streaming. It's based on F. Scott Fitzgerald's novel about a young film executive's rise to power in the 1930s and his clash with a ruthless studio mogul (Kelsey Grammer).

Why does he believe actors are meant to be "overheard, not listened to"? Go to Parade.com/bomer to find out.

How does the series depart from the novel? It's true to a lot of the central themes and characters, but we get to see a lot more of everything going on in the world and the country at the time.

What do you like about Monroe? I love how multifaceted he is. If you're playing a character, you always want someone who has a lot of different masks they show the world.

You were terrific as the psychopathic John Boy in the movie *The Nice Guys* with Russell Crowe and Ryan Gosling. Are you interested in more character roles? Anytime I have a chance to throw on an eye patch and black out a tooth, I'm there. I never really perceived myself as a leading man. If I were to have a chance to play a lot of great character roles, that would really be a dream come true.

What do you consider to be your biggest achievement? I would say my family. Being married too; I have to include Simon [Halls, a Hollywood publicist] in that. But I would definitely say the kids are the biggest achievement, certainly my first priority. [Bomer and Halls have three children via surrogacy.] Keeping my family first can be a really tricky thing. It means having to say no to some things that you'd really like to say yes to. But I've never regretted spending more time with my family.

Does Jessica Biel actually do any of the baking for her restaurant, Au Fudge?

—Marcy G., Tallahassee, Fla.

A: The mother of 2-year-old son Silas with husband Justin Timberlake can make a great homemade birthday cake, but she leaves the baking at her tony, kid-friendly West Hollywood eatery to the pros. She's far too busy to spend much time in the kitchen. The former *7th Heaven* star, 35, returns to TV in USA Network's crime thriller *The Sinner*, premiering Aug. 2. She'll play Cora, a young mother who commits a startling act of violence but has no idea why. "Cora is living with big secrets," says Biel. "She realizes that there is maybe even more to the story than she understands."



I loved Paul Bettany as the voice of J.A.R.V.I.S. in *Iron Man* and *Vision* in the *Avengers* movies. But is he ever going to actually show his face again?

—Steve S., Houston, Texas

A: Yes. You can actually see the British actor, 46, in Discovery's *Manhunt: Unabomber* series, premiering Aug. 1, in which he plays Ted Kaczynski. But even so, he disappears behind a beard and a hoodie for most of the series as the deadliest serial bomber in history.



IDRIS ELBA WALKS THE WEST

From action films (*Thor* and *Pacific Rim*) to dramas (*Mandela: Long Walk to Freedom*) and family fare (*Finding Dory* and *Zootopia*), Idris Elba, 44, has done it all. Now the star of TV's *Luther* heads into a desolate Old West-like landscape as the Gunslinger in the sci-fi film *The Dark Tower*, in theaters Aug. 4, based on a Stephen King novel series. Here are five facts about the London-born actor.

1. He got tongue-tied when he met his celebrity crush, **Meryl Streep**.
2. He moonlights as a DJ, sometimes billed as DJ Driis or Big Driis.
3. He's an actor with no formal acting training.
4. In 2015, he became the first male to make the cover of *Maxim* magazine.



5. **Daniel Craig** nominated him to be the next James Bond.



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TheraBreath

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If you are a current or former owner or lessee of certain BMW, Mazda, Subaru, and Toyota vehicles, you could get cash and other benefits from a class action settlement.

Si desea recibir esta notificación en español, llámenos o visite nuestra página web.

Settlements have been reached in a class action lawsuit alleging that consumers sustained economic losses because they purchased or leased vehicles from various auto companies that manufactured, distributed, or sold vehicles containing allegedly defective airbags manufactured by Takata Corporation and its affiliates. The Settlements include certain vehicles made by BMW, Mazda, Subaru, and Toyota (the "Subject Vehicles"). BMW, Mazda, Subaru, and Toyota deny any and all allegations of wrongdoing and the Court has not decided who is right.

If you have already received a separate recall notice for your BMW, Mazda, Subaru, or Toyota vehicle requesting that you bring it to your local retailer to have the Takata airbags repaired and have not yet done so, you should contact your local retailer to make an appointment for this repair as soon as possible. Some vehicles will be recalled for repair at a later date, and some vehicles may not be recalled. **When recalled Takata airbags deploy, they may spray metal debris toward vehicle occupants and may cause serious injury.** Please see your original recall notices and www.AirBagRecall.com for further details.

Am I included in the proposed Settlements? The Settlements include the following persons and entities:

- Owners or lessees, as of June 9, 2017, of a Subject Vehicle that was distributed for sale or lease in the United States or any of its territories or possessions, and
- Former owners or lessees of a Subject Vehicle that was distributed for sale or lease in the United States or any of its territories or possessions, who, between April 11, 2013 and June 9, 2017, sold or returned pursuant to a lease, a Subject Vehicle that was recalled before June 9, 2017.

A full list of the Subject Vehicles can be found at www.AutoAirbagSettlement.com. The Settlements do not involve claims of personal injury or property damage to any property other than the Subject Vehicles.

What do the Settlements provide? BMW, Mazda, Subaru, and Toyota have agreed to Settlements with a combined value of approximately \$553 million, including a 10% credit for Rental Car/Loaner Programs. The Settlement Funds will be used to pay for Settlement benefits and cover the costs of the Settlements over an approximately four-year period.

The Settlements offer several benefits for Class Members, including, (1) payments for certain out-of-pocket expenses incurred related to a Takata airbag recall of a Subject Vehicle, (2) a Rental Car/Loaner Program while certain Subject Vehicles are awaiting repair, (3) an Outreach Program to maximize completion of the recall remedy, (4) additional cash payments to Class Members from residual settlement funds, if any remain, and (5) a Customer Support Program to help with repairs associated with affected Takata airbag inflators and their replacements. The Settlement website explains each of these benefits in detail.

How can I get a Payment? You must file a claim to receive a payment during the first four years of the Settlements. If you still own or lease a Subject Vehicle, you must also bring it to an authorized dealership for the recall remedy, as directed by a recall notice, if you have not already done so. Visit the website and file a claim online or download one and file by mail. The deadline to file a claim will be at least one year from the date the Settlements are finalized and will be posted on the website when it's known.

What are my other options? If you do not want to be legally bound by the Settlements, you must exclude yourself by **September 25, 2017**. If you do not exclude yourself, you will release any claims you may have against BMW, Mazda, Subaru, and Toyota, in exchange for certain settlement benefits. The potential available benefits are more fully described in the Settlements, available at the settlement website. You may object to the Settlements by **September 25, 2017**. You cannot both exclude yourself from, and object to, the Settlements. The Long Form Notices for each Settlement available on the website listed below explains how to exclude yourself or object. The Court will hold a fairness hearing on **October 25, 2017** to consider whether to finally approve the Settlements and a request for attorneys' fees of up to 30% of the total Settlement Amount and incentive awards of \$5,000 for each of the Class Representatives. You may appear at the fairness hearing, either by yourself or through an attorney hired by you, but you don't have to. For more information, including the relief, eligibility and nature of claims (excluding certain personal injury or property damage claims), in English or Spanish, call or visit the website below.

1-888-735-5596 • www.AutoAirbagSettlement.com

Parade Picks

Edited by Alison Abbey | FOLLOW US AT [INSTAGRAM.COM/PARADEMAGAZINE](https://www.instagram.com/parademagazine)



Beer is a \$350 billion industry annually—no wonder it gets its own holiday: **International Beer Day** is Aug. 4.



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PODCAST PICK

In *Conversations With People Who Hate Me*, Dylan Marron (the voice of Carlos on the *Welcome to Night Vale* podcast)



launches the Night Vale Presents network's first foray into nonfiction by holding conversations with people who have different beliefs than he does. It starts July 31. **Listen at nightvalepresents.com**



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With everything from Indian dosas to Burmese faloodas, our capital is a culinary melting pot. Visit Parade.com/washington for the latest *What America Eats* video presented by Geico.

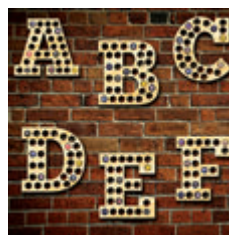
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Ask Marilyn

By Marilyn vos Savant

Say I've been active outdoors on an extremely hot day, and I take a shower afterward. When I finish, I have three choices: (1) Briefly run the water hotter to open my pores, (2) run it colder to close them or (3) just step out and dry off. Which action is best to bring down my core temperature?

—Ken Long, Wilmington, N.C.

Contrary to popular belief, pores do not open or close, so you can do whatever makes you feel most comfortable. One note of caution: Some people say that in hot weather you should take a hot shower (not just briefly run the water hotter) to cool off a hot body. This is worse than wrong: It may raise your body temperature dangerously high.

Send questions to marilyn@parade.com



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JULY 30, 2017 | 5

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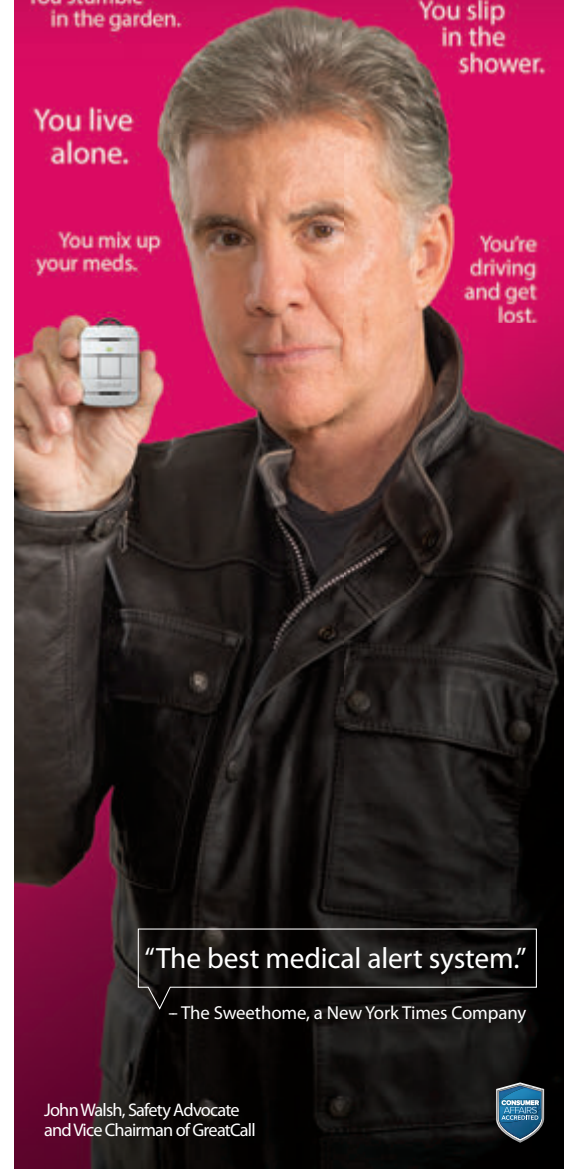
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THE *New* ALL-AMERICAN



Meet the pitmasters cooking up fresh twists on an old tradition. Plus, recipes (page 10) for your new favorite chicken and ribs.

— ♡ —
BY DAN GENTILE

COVER PHOTOGRAPHY BY JODY HORTON

HOUSTON'S YOUNG GUN

At age 30, when most people still struggle to throw a successful dinner party, Houston native Greg Gatlin was slow-smoking dozens of briskets a week. He opened Gatlin's BBQ in 2010 in a 700-square-foot bungalow with just three employees, two of whom were his parents. Seven years later, his brisket is lauded as the best in the city, and he's since moved to a much larger space.

"We're paying homage to the original style of barbecue but making it our own," says Gatlin, 37, who works with classically trained French chef collaborator Michelle Wallace. "Barbecue isn't just a bunch of guys sitting around eating anymore. You want some lighter things."

His menu features staples of Texas tradition, like a moist brisket with a thick three-pepper bark and monstrously fatty beef ribs, but Wallace helps Gatlin's stand out with specials like Asian-style beef rib tacos marinated in sesame oil and grilled corn on the cob with jalapeño-brown sugar compound butter.



GREG GATLIN
OF GATLIN'S BBQ
IN HOUSTON

AN AUSTRALIAN WITH CHOPS

Jess Pryles doesn't look like your typical pitmaster, and her heavy Australian accent is far from a Southern drawl. A love of brisket led her to immigrate to Texas and become an honorary Texan in 2015.

Despite the challenges of an Australian woman navigating a very American, male-dominated industry, Pryles has carved out a unique niche, thanks to her barbecue rubs, including

Hardcore Carnivore rub, which features one of the trendiest ingredients around: activated charcoal. The stuff is wildly popular with everyone from hipster bartenders to New Age health fanatics, and Pryles recognized its midnight hue as a perfect match for barbecue. She calls it "cosmetics for meat."

She's savvy about self-promotion as well as seasoning. Her website (jesspryles.com) brims with creative recipes and practical cooking tips.

"The new generation of social media opened me up to an audience I wouldn't reach otherwise," says Pryles. And her impressive following has helped her develop partnerships with some of the biggest brands in barbecue, including her own line of cooking products and even a signature smoker. Her book, *Hardcore Carnivore*, comes out next month.



Jess Pryles and Michael Mixon

GEORGIA'S SECOND GENERATION

Myron Mixon and his 26-year-old son, Michael, are a study in old- and new-school barbecue. Myron, the lead pitmaster of Jack's Old South Competition Bar-B-Que Team, speaks with a slow-as-molasses cadence you'd expect to hear in their tiny hometown of Unadilla, Ga. Michael talks in rapid-fire circles, with a grin as wide as a barn door.

His dad is a barbecue legend, but this isn't a coattail ride for Michael. When he turned 19, he formed his own team and won the Georgia Barbecue Association circuit. Today he is one of the youngest pitmasters to lead a cook team and puts a millennial spin on his work.

"We're playing with stuff that I would never affiliate with barbecue," says Michael. That means tasting more than 40 different types of mango to develop a concentrate for a marinade, incorporating Asian flavors like ginger or applying Latin influences like habanero flakes. He plans to bring those fresh flavors to his brisket at the upcoming Kansas City American Royal World Series of Barbecue.

When Myron retires, Michael will take over the empire, but for now he's building his own. He's an ambassador for Cabo Wabo Tequila and has his own Food Network show, *BBQ Rig Race*, which follows four teams as they drive custom barbecue smokers across Texas.

continued on page 8



A Guide to Regional Barbecue

Barbecue may be an all-American specialty, but its styles and flavors vary by location.



Brisket is king in central Texas, typically rubbed with salt and pepper, then smoked overnight.



Pork's popularity is unparalleled in Tennessee, from sticky racks of **ribs** to smoky **shoulders** and tender strands of **pulled pork**.



Whole hog cooking is a hit in the Carolinas, but the sauce depends on the region. Eastern North Carolina prefers vinegar, western North Carolina's tends to be slightly tangier with a tomato base while South Carolina mixes vinegar with mustard.



Kansas City, Mo., is the birthplace of **burnt ends**. Pitmasters slice off the crispy leftover edges of **brisket** and dunk them in a thick smoky-sweet sauce.



In Georgia, barbecue ranges from **whole hog** cooking to **brisket**, with a side of **Brunswick stew**.



The South may dominate barbecue, but Santa Maria, Calif., is known for tender **smoked beef tri-tip** with a peppery-garlicky rub.



There's Finally Hope for Your Rosacea Symptoms

People may not notice the flushing, redness, bumps, pimples and small veins on your cheeks, chin and nose – but you do. You've been living with rosacea for a long time. It's the first thing you see whenever you look in the mirror.

It can be embarrassing and extremely emotional – especially during flare-ups, which can worsen after middle-age. You may have noticed increased redness with certain triggers, including sun exposure, stress, wind, exercise, certain foods and even wine. Once rosacea has appeared, you can only manage your symptoms or cover them up with makeup because there is no cure.



You probably already know that there are several prescription drugs for rosacea, including some topical and oral medications. Unfortunately, many prescription treatments carry a risk of side effects, some of which may be serious; other prescription drugs may result in more skin irritation. All the prescription medications can be very expensive, with some costing \$100 or more.

But what choice do you really have? A medical condition calls for real medicine.

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Prosacea is an effective – yet gentle – treatment that can begin relieving rosacea symptoms in just days. That means you can get fast-acting relief without a trip to the doctor.

There are other rosacea symptom remedies you can buy without a prescription, but none of them are actually medicated. Some are merely facial cleansers. Others are just moisturizers.

Here's the bottom line. If they are not medicated, they can't even claim they relieve rosacea symptoms. Yet some of them can cost an arm and a leg – and do virtually nothing for your rosacea.

Medicated Prosacea Gel is different because it contains a medicinal ingredient that promptly relieves your rosacea symptoms. Prosacea is a soothing topical gel that can calm rosacea symptoms quickly, including acne-like pimples, redness, flushing and other irritation related to the condition. Calming the symptoms means you might actually start feeling like yourself again.

You simply apply the gel to the affected area. When used daily, as directed, Prosacea can help provide visible improvement of rosacea symptoms in just days. In the meantime, you can apply makeup, moisturizer, or sunscreen over Prosacea because it's so lightweight and absorbs quickly.

Learn more about Prosacea and the rosacea symptoms it relieves – and even get a valuable money-saving coupon – at www.Prosacea.com.

You can also go out and buy Prosacea today. It's affordable (around \$10) and effective. You can find Prosacea in the First Aid aisle at Walmart, Walgreens, CVS and most major retailers. Look for the burgundy and white box.



¹Based on independent, syndicated market research data

from page 7



THE MELTING POT BROOKLYNITE

Traditionally, barbecue restaurants cook food the owners were raised on. That often means brisket in Texas, whole hog in the Carolinas and pork in Memphis.

But what if a pitmaster is from a melting pot like New York?

"In New York City, we don't have



rules. We're not tied to the Texas Trinity of brisket, ribs and sausage, or cooking whole hog," says Billy Durney. A former celebrity bodyguard, he left the security field to pursue his pitmaster dreams and open Hometown Bar-B-Que in Brooklyn's Red Hook in 2013.

"At Hometown, we're a canvas of the beautiful, multicultural, ethnic city that I grew up in," says Durney, 45. "I spent time with Vietnamese grocers, owners of Korean restaurants and people from Oaxaca [Mexico] and the West Indies." That translates to specialties like lamb belly Vietnamese banh mi sandwiches, Jamaican jerk baby back ribs, Korean sticky ribs and wood-fired Oaxacan chicken.

Barbecue Condiment Giveaway!

We've teamed up with Chung Jung One to give away five gift baskets filled with their new Korean barbecue sauces, gochujang mayonnaise, gochujang sauces and other goodies.

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continued on page 10

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from page 8

TEQUILA-MARINATED KILLA BEEF RIBS

Michael Mixon enjoys experimenting with new flavors in his barbecue—like the tequila in the marinade for these beef ribs.

Combine 1 quart **beef broth**, ¼ cup **tequila**, ¼ cup **white vinegar** and juice of 1 **lime** in a deep baking dish. Add 1 (3-lb) rack **beef back ribs** (8 ribs), membrane removed, turning to coat. Cover and refrigerate at least 4 hours, turning at least once.

Preheat smoker to 275°F. (Go to Parade.com/tequila for charcoal or gas grill directions.) Remove ribs from marinade; discard marinade. Pat dry with paper towels. Rub 2 Tbsp **olive oil** over ribs. Shake ½ cup your favorite **barbecue rub** over ribs. Let stand 30 minutes. Place ribs in smoker; cover and cook 2 hours. Remove ribs from smoker; wrap in foil. Return to smoker; cook 2 hours. Unwrap ribs; drizzle with ½ cup melted **unsalted butter** and let rest at least 15 minutes. Cut and serve. **Serves 8.**



OAXACAN CHICKEN

This is a popular dish at Billy Durney's Hometown Bar-B-Que in Brooklyn, N.Y., where it's served with pickled red onions and salsa verde. Durney cooks the chicken over a wood fire, and we've included instructions to use wood chips to infuse smoky flavor at home.



Combine ⅓ cup **canola oil**, ½ cup **cilantro**, 6 Tbsp **lime juice**, 1½ Tbsp **sugar**, 1 Tbsp **salt**, 1 Tbsp **paprika**, 1 Tbsp **chipotle chile powder**, 3 **chipotle chiles canned in adobo sauce**, 3 **garlic cloves** and 1 coarsely chopped small **red onion** in a blender or food processor; pulse to puree. Set aside ½ cup; refrigerate. Pour remaining marinade in a heavy-duty zip-top plastic bag; add 6 **skin-on, bone-in chicken thighs**, turning to coat. Refrigerate 48 hours, turning occasionally.

Soak 2 cups **hickory or mesquite wood chips** in water 30 minutes. Preheat grill. Drain chips and place on hot coals (if using a charcoal grill) or in a smoker box (for a gas grill). Remove chicken from marinade; discard marinade. Brush chicken with oil. Sprinkle with salt and **black pepper**. Oil grill grates. Grill chicken 5 minutes per side. Brush chicken with reserved marinade and grill 1–2 minutes on each side or until done. **Serves 6.**

Visit Parade.com/hbq for recipes for Jess Pryles' Smoked Garlic White Sauce and Greg Gatlin's Grilled Corn With Jalapeño–Brown Sugar Butter.

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